

Break Up Breakdown

Litmus A Freeman

Chorus:

You ever had a break up breakdown?
Your head and heart are spinning 'round
A break up breakdown
All your world turned upside down
Its a break up breakdown
You can't get up till you been down
But you gotta keep your planet spinning round

Life begins at forty,
so the saying goes
I certainly found it true for me
as many another knows
That's when I took the slip road off
The auto-route I'd found
And started following signs from
"Rushing Round and Round"

But you're gonna have a ...

(Chorus)

So there's this place called "Rushing"
In the land of 'round and 'round
We've all been there and got nowhere
Just like a bunch of clowns
But when you're there you just can't see
That there's another way
You have to leave to be reprieved
And find that peace filled day

But first you'll have a

(Chorus)